

Educational Article – *Committee Chair Faron Stubbert*

Determining The Age of Your Goat

Determining the age of your goat is easy to do within the first 4 years, after that, it's a guessing game. Goats have no front upper teeth, but have 8 lower front teeth. They are born with all their teeth, small in size. Once a kid is a year old, their front two center teeth are replaced with adult teeth, a clear indication that the goat is one year old, give a month or two. Then every year, the next outside teeth of the adult teeth are replaced with adult teeth. The goat will replace two teeth per year.



<i>Adult Teeth</i>	<i>Age</i>
2	1
4	2
6	3
8	4

When goat is beyond four years of age, age is hard to determine, but when a goat grows old, the front teeth will buck outward and spread, depending on their fed as to how tough the forage is.

The following chart is an average from all sources I used.

<i>3 oz Cooked</i>	<i>Calorie</i>	<i>Fat (g)</i>	<i>Sat. Fat (g)</i>	<i>Protein (g)</i>	<i>Iron (mg)</i>	<i>Cholesterol (mg)</i>
Goat	122	2.6	0.8	23	3.3	63.8
Beef	179	7.9	3.0	25	2.9	73.1
Pork	180	8.2	2.9	25	2.7	73.1
Lamb	175	8.1	2.9	24	1.4	78.2
Chicken	120	3.5	1.1	25	1.5	76.0